



*Maternal
Fetal
Medicine*

at Palisades Medical Center

*Comprehensive
Pre-Natal Care.*

Reassurance.

Guidance.

Support.



Maternal Fetal Medicine at Palisades Medical Center

"... I found out I was having twins and had an ultrasound closer to the due date. On the 4D ultrasound, we could see their positions inside the womb, and whether they were going to be breech or not. It was a relief to see that nothing was wrong and that they were growing well..."

World Class Team

David L. Principe, MD, Board Certified Perinatologist, leads the team of maternal-fetal specialists in advanced care. Trained at Yale University School of Medicine, Fellowship trained at the University of Chicago & Medical Center, and in practice for over ten years, Dr. Principe has been active in research, published in medical journals, and has held several teaching positions. Dr. Principe brings his up-to-date experience as he directs a team of maternal-fetal specialists including expert sonographers, perinatal nurses, genetic counselors, and skilled nutritional advisors. Working with your obstetrician, your treatment plan is coordinated and managed with compassion and devotion.

For your appointment, call **201.295.4805**
Hours: Monday through Thursday
8 a.m. to 9 p.m. and Fridays 9 a.m. to 6 p.m.

Advanced Technology



- 4-D Ultrasound is the most advanced technology available providing a precise look at the tiniest details of fetal growth.
- First Trimester imaging allows verification of due dates and ruling out of abnormalities like Down syndrome as early as 11 weeks – 5 weeks earlier than traditional screening methods.
- Second and Third Trimester ultrasounds provide a full anatomical view so that development and growth can be monitored ensuring fetal and maternal well-being.
- Other diagnostic tests include amniocentesis and nonstress testing.
- Genetic Testing and Counseling allow families to make informed decisions for family planning.
- Fetal surgery and treatment
- Education and support services
- Maternal-fetal transport program

It's Comforting to Know

When your pregnancy is considered “high-risk,” the comfort you find is in answers. Our Maternal Fetal Medicine team is dedicated to providing the answers you and your obstetrician need, and the compassion you deserve. You can feel confident when your obstetrician refers you to the Palisades Maternal Fetal Medicine program, knowing that your team has been expanded, and by working together, your delivery will be accurately managed.

Our team of specialists is ready to guide you through pre-pregnancy counseling and advanced pre-natal care to help you welcome your precious baby. You and your obstetrician will receive the most precise information, diagnosis and treatment plans for the management of high-risk pregnancies such as multiple gestation, diabetes, hypertension or pre-term labor. With specialty care this advanced, you will find comfort.

World Class Care. For One. For All.



The Birthing Center at Palisades Medical Center offers such a comfortable, family-friendly environment you'd think you're at a hotel suite. Now you can give birth in the company of your partner or even your family members in a suite with a spectacular river view. To schedule a tour, call **201.854.5702**.

Palisades Child Care Center offers young families peace of mind knowing that their children are being cared for in a safe, secure and nurturing environment. For ages 6 weeks to 5 years old.

201.945.1447

Pediatric Rehabilitation Center helps children reach their developmental milestones.

201.854.5013

Columbia Presbyterian Breast Care Center provides the best options for comprehensive diagnosis and treatment of all forms of breast disease.

201.295.4836



Palisades Medical Center
NewYork-Presbyterian Healthcare System
Affiliated: Columbia University College of Physicians & Surgeons

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201.854.5000

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